

February 18, 2020

Gran Tierra Energy Inc.
(the “Company”)

Notification of Transactions in the Company's Shares by Directors and Persons Discharging Managerial Responsibility

The Company announces the following transactions in Performance Stock Units undertaken by directors / persons discharging managerial responsibility.

Performance Stock Units (PSUs) granted to Executives on March 2, 2017 have vested and have been paid out to participants on February 14, 2020. The original grants of PSUs were adjusted by a performance factor of 1.07 and the payment was based on the closing price of the Company’s shares on December 31, 2019.

The Notification of Dealing Form for the vesting and payment of the PSUs for PDMRs can be found below.

This announcement is made in accordance with Article 19 of the EU Market Abuse Regulation 596/2014.

Contact Information:

Gary Guidry
President and Chief Executive Officer

Ryan Ellson
Executive Vice President and Chief Financial Officer

Rodger Trimble
Vice President, Investor Relations

(403) 265-3221
info@grantierra.com

1	Details of the person discharging managerial responsibilities / person closely associated																							
a)	Name	Gary Guidry, President and Chief Executive Officer Ryan Ellson, Executive Vice President and Chief Financial Officer Jim Evans, Vice President, Corporate Services Glen Mah, Vice President, Exploration, Ecuador Rodger Trimble, Vice President, Investor Relations Lawrence West, Vice President, Exploration																						
2	Reason for the notification																							
a)	Position/status	See 1 a) above																						
b)	Initial notification /Amendment	Initial notification																						
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor																							
a)	Name	Gran Tierra Energy Inc.																						
b)	LEI	549300IH2S17MAIUCM32																						
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted																							
a)	Description of the financial instrument, type of instrument	Performance Stock Units Each Performance Stock Unit represents a contingent right to receive one share of Gran Tierra Energy Inc. common stock.																						
	Identification code	n/a																						
b)	Nature of the transaction	Vesting and Cash Settlement of Performance Stock Units																						
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th>PDMR</th> <th>Price(s)</th> <th>Volume (s)</th> </tr> </thead> <tbody> <tr> <td>Gary Guidry</td> <td>USD 1.29</td> <td>325,600</td> </tr> <tr> <td>Ryan Ellson</td> <td>USD 1.29</td> <td>235,800</td> </tr> <tr> <td>Jim Evans</td> <td>USD 1.29</td> <td>139,500</td> </tr> <tr> <td>Glen Mah</td> <td>USD 1.29</td> <td>139,500</td> </tr> <tr> <td>Rodger Trimble</td> <td>USD 1.29</td> <td>139,500</td> </tr> <tr> <td>Lawrence West</td> <td>USD 1.29</td> <td>139,500</td> </tr> </tbody> </table>		PDMR	Price(s)	Volume (s)	Gary Guidry	USD 1.29	325,600	Ryan Ellson	USD 1.29	235,800	Jim Evans	USD 1.29	139,500	Glen Mah	USD 1.29	139,500	Rodger Trimble	USD 1.29	139,500	Lawrence West	USD 1.29	139,500
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e)	Date of the transaction	14 February 2020					
f)	Place of the transaction	Outside a trading venue					