

March 4, 2024

Gran Tierra Energy Inc.
(the “Company”)

Notification of Transactions in the Company's Shares by Directors and Persons Discharging Managerial Responsibility

The Company announces the following transactions in the Company's common shares undertaken by directors / persons discharging managerial responsibility (“PDMRs”).

The notification set out below is provided in accordance with the requirement of Article 19 of the EU Market Abuse Regulation.

Contact Information:

Gary Guidry
President and Chief Executive Officer

Ryan Ellson
Executive Vice President and Chief Financial Officer

Phillip Abraham
Vice President, Legal and Business Development

(403) 265-3221
info@grantierra.com

1	Details of the person discharging managerial responsibilities / person closely associated																
a)	Name	Gary Guidry, President and Chief Executive Officer Ryan Ellson, Executive Vice President and Chief Financial Officer Jim Evans, Vice President, Corporate Services Phillip Abraham, Vice President, Legal and Business Development															
2	Reason for the notification																
a)	Position/status	See 1 a) above															
b)	Initial notification /Amendment	Initial notification															
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor																
a)	Name	Gran Tierra Energy Inc.															
b)	LEI	549300IH2S17MAIUCM32															
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted																
a)	Description of the financial instrument, type of instrument	Common Shares															
	Identification code	ISIN: US38500T2006															
b)	Nature of the transaction	Acquisition of Common Shares through the Company's Employee Share Savings Plan															
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th>PDMR</th> <th>Price(s)</th> <th>Volume (s)</th> </tr> </thead> <tbody> <tr> <td>Gary Guidry</td> <td>USD 5.31</td> <td>810</td> </tr> <tr> <td>Ryan Ellson</td> <td>USD 5.31</td> <td>289</td> </tr> <tr> <td>Jim Evans</td> <td>USD 5.31</td> <td>231</td> </tr> <tr> <td>Phillip Abraham</td> <td>USD 5.31</td> <td>376</td> </tr> </tbody> </table>	PDMR	Price(s)	Volume (s)	Gary Guidry	USD 5.31	810	Ryan Ellson	USD 5.31	289	Jim Evans	USD 5.31	231	Phillip Abraham	USD 5.31	376
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e)	Date of the transaction	March 4, 2024															
f)	Place of the transaction	Toronto Stock Exchange (TSX)															